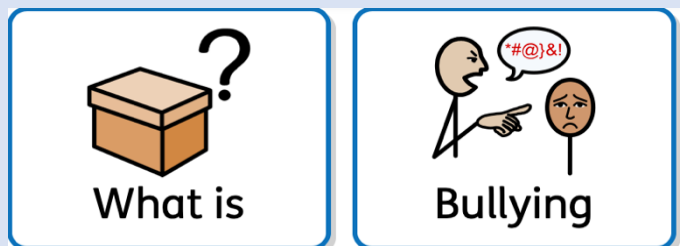


# Redfield Educate Together Children's Anti-Bullying Policy

This policy looks at bullying, and what you can do when you feel you are being bullied, or when you notice someone else being bullied.



A **bully** is someone who repeatedly **hurts** another person, by using behaviour which is meant to **scare** or **upset** that person.

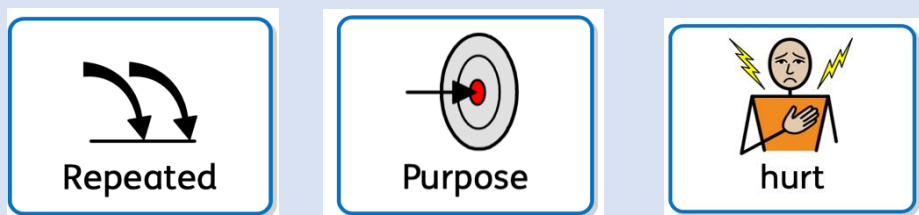


At Redfield Educate Together, we use the word '**STOP**' to identify bullying:

**S**everal  
**T**imes  
**O**n  
**P**urpose

It is important to remember that **single problems** and **falling out with friends** are **not bullying**.

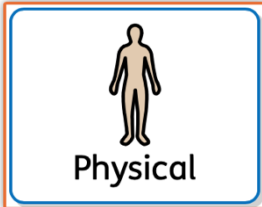
**Bullying** is behaviour which is **repeated** on **purpose** and is meant to **hurt** someone.



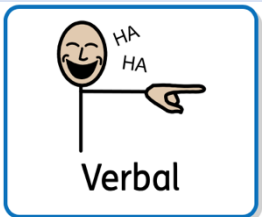
## Types of bullying



Hurting people's feelings, leaving you out, being bossed about



Punching, hitting, kicking, spitting, pushing



Being teased, name-calling, rude comments



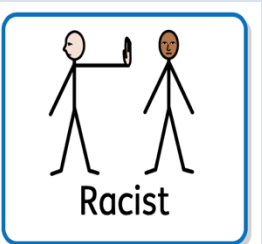
Sending horrible messages, pictures or spreading rumours online



means bullying someone because of their sex (whether they are a boy or a girl).

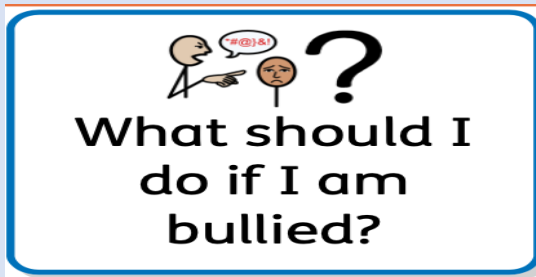


means bullying someone because of their gender or sexuality; calling someone gay or lesbian would be homophobic.



means bullying someone because of their skin colour or heritage

**Bullying can be done through another person, by one person sending another person to say nasty things.**



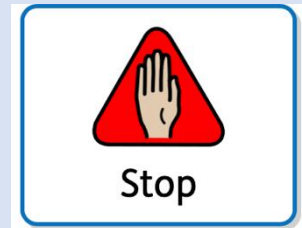
If you are being bullied, the first thing you should do is tell the bully to **stop**.

You can also:

- Make eye contact and tell the bully to leave you alone.
- Ignore the bully and walk away.
- Tell a grown-up, such as your parent, carer or teacher.

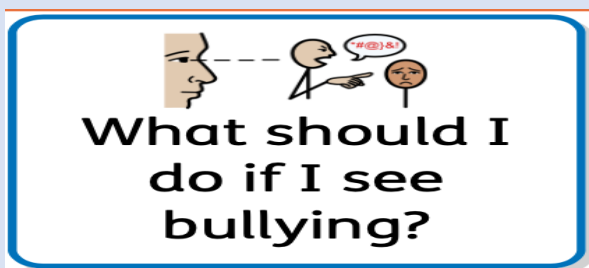
You should try not to:

- **Do** what the bully says.
- Let what the bully says or does **upset** you.
- Get **angry** or hit them.



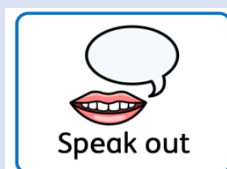
Always remember that if you are being bullied, it is **not your fault**, and you are **never alone**.

You shouldn't be scared to **talk to someone** if you are being bullied. If you talk to a grown-up, we can **make the bullying stop**.



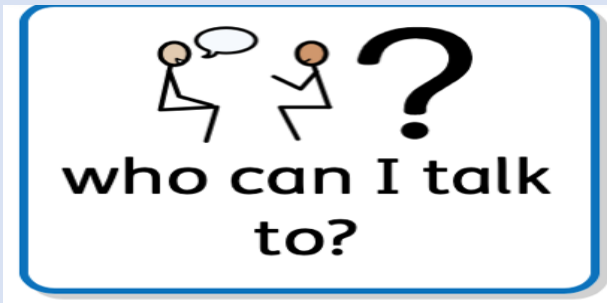
If you see someone else being bullied, it is important that you **help** that person.

You should **never walk away** and **ignore** the bullying if you see someone else being bullied, because the bully will keep on upsetting that person.

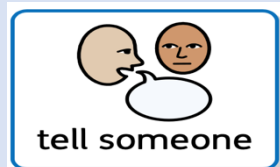


If you can, and it is **safe**, tell the bully to **stop**, but never get angry or hit them.

**Tell a grown-up**, such as a teacher, as soon as you've seen someone being bullied. Grown-ups can **stop the bullying** and make that person feel **happy** again.



It is important that you **tell someone** as soon as you are being bullied, or you notice someone else being bullied.



Speaking to someone like your **mum, dad, carer** or **one of your Champion Adults in school** will mean that we can make sure the **bullying stops** and doesn't happen again.

**You can do this by following these steps:**

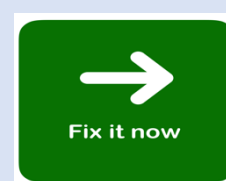
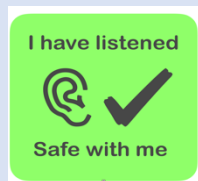
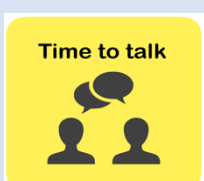
Use a time to talk card to let your **Champion** adults know that you want to talk. Adults will have dedicated time to talk each day for this. School leaders will also have dedicated time each week for you to speak to them if you need to.

Your Champion adult will give you a listening card and say...***I have listened...you are safe with me...***this will let you know you have been heard and your concerns are being taken seriously.

If it is something your champion can fix straight away, they will give you a **fix it now** card and say to you ***it is time to fix this now...***

If your champion needs to talk to other children or adults to help you, they will say to you .. ***It is time to find out more....*** they will give you a card to let you know they are doing this.

When your champion has found out more, they will say to you ***it is time to fix it now....*** This may involve talking to other children and adults. Your champion will support you with this and make the bullying stop.



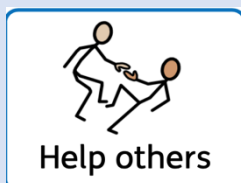
**?**  
**How Can I stop bullying happening?**

We can all help stop bullying at our school by:

Making sure we follow the Redfield Way 'Be Kind, Be Safe, Be Ready.



**Helping others** when they are in need.



Thinking about people's **feelings** before we say or do something.



Taking part in Learn Together lessons, RSHE lessons and **circle time antibullying/online safety lessons and assemblies.**

## **We will always treat bullying seriously**

There are lots of different things we can do to make everyone feel safe and happy. The most important thing to do is **TELL SOMEONE.**