## Redfield Term 6

## LUNGH MENU

	A DE	EAT WELL - FEEL BETTER - LEARN MORE						
	-	Monday	Tuesday	Wednesday	Thursday	Friday		
	on 1- Red	Oven Baked Jumbo Fish Finger	Homemade Chicken Tikka	Homemade Spaghetti Bolognaise	Homemade Steak and Potato Pie	Oven Baked Chicken Burger		
Tasty	Option 1 Hot Red	Served with Oven Chips and Peas	Served with Steamed Rice and Green Beans	Served with Steamed Broccoli	Served with Baby Carrots	Served with Onion Rings and Fresh Mixed Salad		
	Option 2- Halal	Oven Baked Jumbo Fish Finger Served with Oven Chips and Peas	Homemade Halal Chicken Tikka Served with Steamed Rice and Green Beans	Homemade Spaghetti Bolognaise Served with Steamed Broccoli	Homemade Halal Steak and Potato Pie Served with Baby Carrots	Oven Baked Halal Chicken Burger Served with Onion Rings and Fresh Mixed Salad		
Delicious	Option 3- Hot Green Vegetarian	Homemade Cheese and Bean Pastry Slice Served with Oven Chips and Peas	Homemade Quorn Enchiladas Served with Steamed Rice and Green Beans	Homemade Red Pesto Pasta Served with Steamed Broccoli	Homemade Creamy Cheese pasta Served with Baby Carrots	Oven Baked Vegetarian Burger Served with Onion Rings and Fresh Mixed Salad		
	Option 4- Sandwich Option	Freshly Made Roll with Ham or Cheese Served with Tortilla Chips and Veg sticks	Freshly made Wrap Filled with Chicken Goujon or Cheese Served with Tortilla Chips and Veg sticks	Freshly Made Roll with Ham or Cheese Served with Tortilla Chips and Veg sticks	Freshly made Wrap Filled with Chicken Goujon or Cheese Served with Tortilla Chips and Veg sticks	Freshly Made Roll with Ham or Cheese Served with Tortilla Chips and Veg sticks		
	Dessert	Chocolate Mousse Fresh fruit Yoghurt	Homemade Fruit Sponge Fresh fruit Yoghurt	Homemade Peach and Carrot Cake Fresh fruit Yoghurt	Homemade Banoffee Pie Fresh fruit Yoghurt	Homemade Chocolate Chip Cookie Fresh fruit Yoghurt		



Fresh

