

Redfield Term 6

# LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE

Monday

Tuesday

Wednesday

Thursday

Friday

**Option 1-  
Hot Red**

Oven Baked Jumbo  
Fish Finger  
  
Served with Oven  
Chips and Peas

Homemade  
Chicken Tikka  
  
Served with  
Steamed Rice and  
Green Beans

Homemade  
Spaghetti Bolognaise  
  
Served with  
Steamed Broccoli

Homemade  
Chicken and Tomato  
Pasta  
  
Served with  
Baby Carrots

Oven Baked  
Chicken Burger  
  
Served with  
Onion Rings and  
Fresh Mixed Salad

**Option  
2- Halal**

Oven Baked  
Jumbo Fish Finger  
  
Served with Oven  
Chips and Peas

Homemade  
Halal Chicken Tikka  
  
Served with  
Steamed Rice and  
Green Beans

Homemade Spaghetti  
Bolognaise  
  
Served with  
Steamed Broccoli

Homemade  
Chicken and Tomato  
Pasta  
  
Served with Baby  
Carrots

Oven Baked  
Halal Chicken Burger  
  
Served with  
Onion Rings and  
Fresh Mixed Salad

**Option 3-  
Hot Green  
Vegetarian**

Homemade  
Cheese and Bean  
Pastry Slice  
  
Served with Oven  
Chips and Peas

Homemade  
Quorn Enchiladas  
  
Served with  
Steamed Rice and  
Green Beans

Homemade Red  
Pesto Pasta  
  
Served with  
Steamed Broccoli

Homemade  
Creamy Cheese pasta  
  
Served with Baby  
Carrots

Oven Baked  
Vegetarian Burger  
  
Served with  
Onion Rings and  
Fresh Mixed Salad

**Option 4-  
Sandwich  
Option**

Freshly Made  
Roll with  
  
Ham or Cheese  
Served with Tortilla  
Chips and Veg  
sticks

Freshly made Wrap  
Filled with  
  
Chicken Goujon or  
Cheese  
Served with Tortilla  
Chips and Veg sticks

Freshly Made  
Roll with  
  
Ham or Cheese  
Served with Tortilla  
Chips and Veg sticks

Freshly made Wrap  
Filled with  
  
Chicken Goujon or  
Cheese  
Served with Tortilla  
Chips and Veg sticks

Freshly Made  
Roll with  
  
Ham or Cheese  
Served with Tortilla  
Chips and Veg sticks

**Dessert**

Chocolate Mousse  
  
Fresh fruit  
  
Yoghurt

Homemade  
Fruit Sponge  
  
Fresh fruit  
  
Yoghurt

Homemade  
Peach and Carrot Cake  
  
Fresh fruit  
  
Yoghurt

Homemade  
Banoffee Pie  
  
Fresh fruit  
  
Yoghurt

Homemade Chocolate  
Chip Cookie  
  
Fresh fruit  
  
Yoghurt



Tasty

Delicious

Nutritious

Fresh

