Redfield Term 2

LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE





	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Red	Oven Baked Fish Fingers Served with Oven Fries and Baked Beans	BBQ spiced Chicken Wrap Served with Cous Cous and Sweetcorn	Meatballs in Tomato Sauce Served with Pasta and Seasonal Vegetables	Chicken Alfredo Served with Pasta and Green Beans	Beef Burger in a Bun Served with Potato Crunchies and Rainbow Salad
Halal	Oven Baked Fish Fingers Served with Oven Fries and Baked Beans	BBQ spiced Chicken Wrap Served with Cous Cous and Sweetcorn	Halal Meatballs in Tomato Sauce Served with Pasta and Seasonal Vegetables	Chicken Alfredo Served with Pasta and Green Beans	Vegetable Burger in a Bun Served with Potato Crunchies and Rainbow Salad
Hot Green Vegetarian	Oven Baked Quorn Nuggets Served with Oven Fries and Baked Beans	Mexican Bean Wrap Served with Cous Cous and Sweetcorn	Jacket Potato with Cheese or beans Served with Fresh Mixed Salad	Vegetable Chow Mein Served with Green Beans	Vegetable Burger in a Bun Served with Potato Crunchies and Rainbow Salad
Sandwich Option	Freshly Made Baguette with a choice of Ham or Cheese Served with Fresh Salad	Freshly Made Baguette with a choice of Ham or Cheese Served with Fresh Salad	Freshly Made Baguette with a choice of Ham or Cheese Served with Fresh Salad	Freshly Made Baguette with a choice of Ham or Cheese Served with Fresh Salad	Freshly Made Baguette with a choice of Ham or Cheese Served with Fresh Salad
Homemade Dessert	Apple Crumble Fresh Fruit	Beetroot Brownie Fresh Fruit	Peach and Carrot Cake Fresh Fruit	Pear and Chocolate Cake Fresh Fruit	Cherry Flapjack Fresh Fruit

Tasty

Nutritious

Fresh

Delicious





Contact the Office for all Dietary and Allergy related questions.

Educate Together Academy Trust