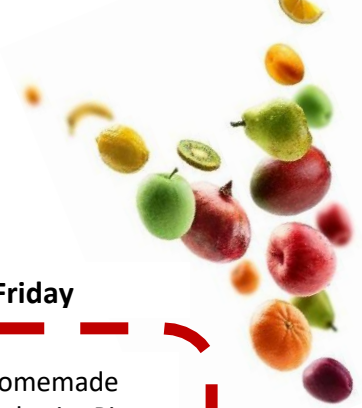


Redfield Term 1

LUNCH MENU

EAT WELL – FEEL BETTER – LEARN MORE



Nutritious

Fresh

Delicious

Tasty



	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	Oven Baked Fish Fillet Served with Potato Wedges and Peas	Homemade Mild Spiced Chicken Wrap Served with Couscous and Sweetcorn	Butchers Sausage Served with Mash Potato and Baked Beans	Homemade Beef Bolognese Served with Sliced Carrots	Homemade Margherita Pizza Served with French Fries and Fresh Mixed Salad
Halal	Oven Baked Fish Fillet Served with Potato Wedges and Peas	Homemade Mild Spiced Halal Chicken wrap Served with Couscous And Sweetcorn	Halal Sausage Served with Mashed Potato and Baked Beans	Homemade Halal Beef Bolognese Served with Sliced Carrots	Homemade Margherita Pizza Served with French Fries and Fresh Mixed Salad
Vegetarian	Homemade Cheese and Onion Turnover Served with Potato Wedges	Homemade Mild Spiced Quorn Wrap Served with Couscous and Sweetcorn	Vegetarian Sausage Served with Mashed Potato and Baked Beans	Homemade Vegetarian Lasagne Served with Sliced Carrots	Oven Baked Vegetarian Burger Served with French Fries and Fresh Mixed Salad
Sandwich	Freshly Made Wrap (<u>Turkey</u> or <u>Cheese</u>) Served with Tortilla Chips and Vegetable Sticks	Freshly Made Roll (<u>Gammon Ham</u> or <u>Cheese</u>) Served with Tortilla Chips and Vegetable Sticks	Freshly Made Wrap (<u>Turkey</u> or <u>Cheese</u>) Served with Tortilla Chips and Vegetable Sticks	Freshly Made Roll (<u>Gammon Ham</u> or <u>Cheese</u>) Served with Tortilla Chips and Vegetable Sticks	Freshly Made Wrap (<u>Turkey</u> or <u>Cheese</u>) Served with Tortilla Chips and Vegetable Sticks
Dessert	Homemade Strawberry Jelly/ Fresh Fruit/ Yogurt	Homemade Chocolate Brownie/ Fresh Fruit/ Yogurt	Homemade Lemon Drizzle Cake/ Fresh Fruit/ Yogurt	Homemade Orange Sponge Cake/ Fresh Fruit/ Yogurt	Vanilla Ice Cream/ Fresh Fruit/ Yogurt

Contact the Office for all Dietary and Allergy related questions