Redfield Term 1 LUNÇH MENU

	EAT WELL – FEEL BETTER – LEARN MORE						
*		Monday	Tuesday	Wednesday	Thursday	Friday	
w and	Meat	Oven Baked Fish Fillet Served with Potato Wedges and Peas	Homemade Mild Spiced Chicken Wrap Served with Couscous and Sweetcorn	Butchers Sausage Served with Mash Potato and Baked Beans	Homemade Beef Bolognaise Served with Sliced Carrots	Homemade Margherita Pizza Served with French Fries and Fresh Mixed Salad	
Nutritious	Halal	Oven Baked Fish Fillet Served with Potato Wedges and Peas	Homemade Mild-Spiced Halal Chicken wrap Served with Couscous And Sweetcorn	Halal Sausage Served with Mashed Potato And Baked Beans	Homemade Halal Beef Bolognaise Served with Sliced Carrots	Homemade Margherita Pizza Served with French Fries and Fresh Mixed Salad	Fresh I I
Delicious	Vegetarian	Homemade Cheese and Onion Turnover Served with Potato Wedges	Homemade Mild Spiced Quorn Wrap Served with Couscous and Sweetcorn	Vegetarian Sausage Served with Mashed Potato And Baked Beans	Homemade Vegetarian Lasagne Served with Sliced Carrots	Oven Baked Vegetarian Burger Served with French Fries and Fresh Mixed Salad	I Tasty
	Sandwich	Freshly Made Wrap (<u>Turkey</u> or <u>Cheese</u>) Served with Tortilla Chips and Vegetable Sticks	Freshly Made Roll (<u>Gammon Ham</u> or <u>Cheese</u>) Served with Tortilla Chips and Vegetable Sticks	Freshly Made Wrap (<u>Turkey</u> or <u>Cheese</u>) Served with Tortilla Chips and Vegetable Sticks	Freshly Made Roll (Gammon Ham or Cheese) Served with Tortilla Chips and Vegetable Sticks	Freshly Made Wrap (<u>Turkey</u> or <u>Cheese</u>) Served with Tortilla Chips and Vegetable Sticks	
	Dessert	Homemade Strawberry Jelly/ Fresh Fruit/ Yogurt	Homemade Chocolate Brownie/ Fresh Fruit/ Yogurt Contact the Office for all	Homemade Lemon Drizzle Cake/ Fresh Fruit/ Yogurt Dietary and Allergy related	Homemade Orange Sponge Cake/ Fresh Fruit/ Yogurt	Vanilla Ice Cream/ Fresh Fruit/ Yogurt	